



LAY IT ASIDE

Rowan Rogers 20 January 2019

WELCOME: What is the rudest or most malicious comment you've ever heard?

WORSHIP: Choose whatever form of worship works for you. You can also use the prayer from Sunday worship:

Might God, all powerful Creator I am/we are drawn to your feet in worship. I/We praise you for that moment of sheer exuberance in which you crafted this world and permeated it with love. I/We bless you for your mind blowing creativity and your pure generosity. You are my/our joy and my/our delight! You are marvellous and magnificent in all your ways! Jesus, Light of the World and King of Glory, I/we bow before you! I/we praise you for your pure radiance which burns away the shadows of sin and darkness that cover the earth and its people. I/we bless you for your illuminating light which lays bare my/our heart/s and opens me/us to your forgiving grace, heralding new beginnings and new hearts free from fear and bondage. Holy Spirit, truth and grace and love and power and peace and joy divine - come to me/us in my/our need and fill me/us – let your life possess me/us and your beautiful nature emerge in me/us! I/we pray this through Jesus Christ, my/our matchless Saviour and Living Lord. Amen!

WORD: Read: Colossians 3:5-17 and James 3:1-6

1. What circumstances have the ability to make you see red?
2. Discuss or contemplate some of these definitions: **Anger** is not in and of itself wrong. **Wrath**, or rage, is nursed anger. **Malice** is the practical outworking of our anger. It's a deliberate intent to harm. **Slander** is the sinister relative of anger. **Abusive language** is the language of contempt and **'degrading of another'** (Dallas Willard)
3. If God's way for us to respond to harm is forgiveness, how would you define forgiveness?

4. How do you typically respond to harm inflicted on you?
5. How do you find yourself reacting to the anger of someone whom you have harmed?
6. What '*internal stuff*' do you need to **lay aside**?
7. Can God work with **you** for his beautiful nature to emerge in you?

WORKS IN: Talk to about your '*internal stuff*' and let his Spirit lead you and minister to you. Pray other needs.

WORKS OUT: This week seek to be a healing **presence** (not advice) for someone's harm.